



*Active  
Physiotherapy  
Mackay*

# MEN'S HEALTH PHYSIOTHERAPY SERVICE



**Dylan**

**Danielle**

**Eamon**

**Dale**

*Active are pleased to welcome senior physiotherapist Eamon Kelly and exercise physiologist Dylan Motteram to the team providing ongoing support to the men of the Mackay region.*

## OUR SERVICES..

### PELVIC FLOOR MUSCLE TRAINING

- Pre and Post Prostatectomy surgery
- Radiation and hormone therapy related incontinence
- Transperineal ultrasound assessment and training of pelvic floor

### PELVIC PAIN

- Specialised assessments for causes of pelvic pain
- Overactive muscle downtraining and relaxation strategies
- Manual therapy and massage
- Pelvic floor muscle training

### EXERCISE

- 1-on-1 or group based exercise sessions
- Specialist care and direction from one of our physiotherapists or qualified Exercise Physiologist Dylan Motteram

## WE CAN HELP WITH...

- Urinary Incontinence
- Bowel Incontinence
- Constipation
- Overactive Bladder
- Erectile Dysfunction
- Peyronies Disease

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