

Danielle Bell	Director, Senior Physiotherapist
Ginny Erichsen	Senior Physiotherapist
Suzanne Ketsimur	Senior Physiotherapist
Nicole McMillan	Senior Physiotherapist
Dale Jones	Senior Physiotherapist
Kara Shepherd	Senior Physiotherapist
Josh Hopton	Senior Physiotherapist
Claire Stevenson	Physiotherapist
Riley Capra	Physiotherapist
Isaac Fitzsimon	Physiotherapist
Matthew Haswell	Physiotherapist
Jemma Carter	Physiotherapist
Gorden Gu	Physiotherapist
Scott Schulte	Physiotherapist
John Mulherin	Physiotherapist
Steve Gabriel	Physiotherapist
Carmel Ballard	Sports and Remedial Massage Therapist



Opening hours - Mackay
 Mon-Fri 7.30am-6.30pm
 Sat 8.00am-12.00pm

General Physiotherapy (provided by all Active physios):

Back/Neck Pain	Aquatic Physiotherapy	Medicare EPCs
Shoulder injuries	Orthopaedic rehab (post-surgery)	Home Visits
Headaches	Workers compensation injuries	NDIS Approved
Chest physio	Sports Injuries/Gym Programs	CTP claims

Special Areas of Interest:	Physiotherapists:
Pelvic Floor (Incl: urinary and faecal incontinence, urgency, constipation, prolapse, dysparunia, endometriosis, pessary fitting and management, internal examination, hypertonic releases)	Danielle, Dale
Ante-natal/Post-natal care (Incl: mastitis ultrasound, diastasis/hernia, pelvic belt fitting, pelvic pain/LBP, pelvic floor rehab, perineal trauma)	Danielle, Dale
Mens Health incl chronic prostatitis, pre and post prostate surgery	Josh, Danielle
Complex Shoulder assessment and rehabilitation	Ginny, Brendan
Paediatrics Plagiocephaly, torticollis, orthopaedics, developmental delay	Danielle, Dale
Vestibular rehabilitation / dizziness / vertigo	Suzanne
Hand Physiotherapy (including customised splints)	Josh
Neurological rehabilitation (CVA, MS, Parkinsons)	Dale, Nicole, Claire, Jemma
Chronic pain education	Nicole
Pilates (Individual & group, ante/post natal pilates, Real-time US)	Nicole, Claire
Dry Needling (trigger points) & acupuncture	Ginny, Suzanne, Josh, Claire
Occupational Health Pre-employment, functional assessments, workplace injuries, worksite assessments, workstation, ergonomics manual handling training	Nicole, Ginny, Suzanne, Josh
Temporomandibular joint therapy (TMJ)	Suzanne
Bike Fit, Running assessments	Nicole, Suz

For any clinical questions, please email danielle@activephysiomackay.com.au